

**December 1, 2017**

**CT AHEAD Meeting Minutes**

**12 members in attendance**

**14 guests**

Terry called meeting to order at 9:08am.

Terry introduced presenters: Jane Thierfeld Brown & Elisabeth Morel

Presentation by Elisabeth Morel discussed Learning Strategy Instruction

Learning Strategy Overview

- Importance of learning to learn
  - Higher education is when students become active agents on the learning process
  - Students are presented with a great deal of information
  - Students need to self-initiate tasks, monitor and evaluate their thinking
  - SELF-REGULATION IS KEY
- Self-Regulated Learning
  - Self-regulated learning can be defined as a series of thoughts, feelings, and actions that are self-generated by learners (Zimmerman & Schunk, 1989).
  - Models of self-regulated learning promote a learners ability to “set goals for their learning and then attempt to monitor, regulate and control their cognition, intentions and behavior” (Pintrich, 2000, p. 453).
- Self-Regulated Strategy Development – Develop background knowledge, discuss it, model it, memorize it, support it and provide independent practice.
- Connecting strategy instruction to apps
  - SimpleMind+
  - Google Docs
  - Remember the Milk
  - Mind42
  - Toggl
  - Grade Tracker Pro
  - Any.Do
  - inClass
  - Listo
  - myHomework
  - StayFocused
  - Flashcards Deluxe

Presentation by Jane Theirfeld Brown discussed Coaching and Executive Function Strategies

- 5 Step Coaching Strategy
  - Clarify the goal
  - Make it real
  - Strategize action steps
  - Accountability
  - Celebrate each step
- Coaching vs. Mentoring
  - Tomas Rivera Center – good resource
- SOARR – Specify, Observe, Analyze, Respond, Reflect

- White Boards

Round Table Discussion

Meeting adjourned: 12:03pm

Respectfully Submitted,  
Elisabeth Werling Morel  
CT AHEAD Secretary